2021-2022
ANNUAL REPORT

MIKAAMING MINO PIMATIZIWIN

HEALING LODGE

TABLE OF CONTENTS

MISSION & VISION STATEMENTS

MIKAAMING MINO PIMATIZIWIN

HEALING LODGE

Mission Statement

The Healing Lodge is a nationally accredited facility that honours the strengths and gifts of the First Nations and Inuit families we serve by providing a culturally focused program in a safe environment supporting healing for people who use substances.

Vision Statement

The Healing Lodge strives for excellence in the support of hope and healing.

PRESIDENT'S MESSAGE

Boozhoo Ka Kinaa Kii Din Away Maaganak!

Mikaaming Mino Pimatiziwin Healing Lodge (MMPHL) Board of Director's are grateful to the staff for their dedication in providing culturally centered services for Indigenous families and individuals impacted by alcohol and other mood-altering drugs. Evaluations from family members continuously give positive comments on how they are treated and provided skills to maintain a healthy and balanced life upon completion of their treatment.

This past year we have been able to continue In-person Board of Director Meetings and Zoom meetings to ensure a clear and direct relationship with our Executive Director and the management team.

The COVID-19 pandemic continues to alter the way First Nations Residential Centre programs operate and MMPHL will continue to offer virtual programming and ensure our land-based activities are made safe and available to families seeking treatment.

This year's Annual Report highlights the amazing work accomplished within the Residential and Day Programs.

We are continuing to prepare for the arrival of Elders who will join our board with their role to assist and guide us with teachings and ceremonial ways. As well, we have approved our 5-year Strategic Work Plan. One of the important principles the board identified is to learn and support the concept of Harm Reduction as we move forward in supporting people who require help in their lives.

Our MMPHL Board is comprised of the following individuals: Justin L. Courchene – appointed on July 21, 2020; John MIswagon – appointed on March 13, 2021; Marcella Fontaine – appointed Vice-Chair on April 24, 2021; Kathy Kishiqueb – appointed Secretary-Treasurer on April 24, 2021 and Ronald Linklater – appointed Chairperson on April 24, 2021.

To my fellow Board members, I thank you for taking the time in attending our board meetings, your advice and input to our governance model is highlighted by the way we strive in working with our Executive Director and all MMPHL staff.

Mi'Iwe,

Ron Linklater
Chairperson, MMPHL

BOARD OF DIRECTORS

Ron Linklater
Board President/Chairperson
Couchiching First Nation Treaty #3,
Ontario

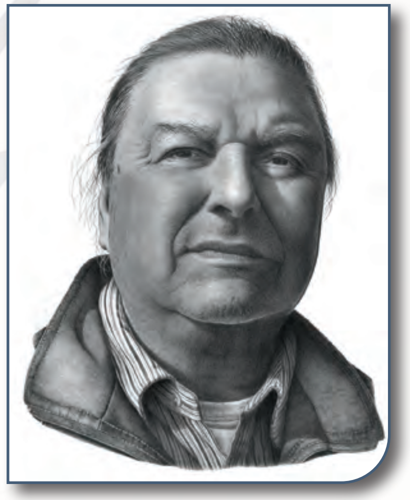
Marcella Fontaine
Vice President/Chairperson
Sagkeeng First Nation Treaty #1,
Manitoba

Kathy Kishiqueb
Secretary Treasurer
Onigaming First Nation Treaty #3,
Ontario

Justin Courchene
Board Member
Sagkeeng First Nation Treaty #1,
Manitoba

John Miswagon
Board Member
Cross Lake First Nation Treaty #5,
Manitoba

SWEAT LODGE BUILDING DEDICATION



Albert Angus Moses Tait Sr.
(March 1, 1948 – October 15, 2020)

MMPHL Board Member - Jul 18/12 - Oct 15/20

Albert joined the former Sagkeeng Mino Pimatiziwin Family Treatment Centre on July 18, 2012 and was instrumental in approving the new name, Mikaaming Mino Pimatiziwin Healing Lodge. He genuinely spoke for all people who needed support on their healing journeys by sharing his knowledge, his story about his own healing journey, his traditional culture, and his love for all people. He would often speak about the teachings of kisêwâtisiwin (kindness) which he carried so effortlessly wherever he went. Albert missed just one Board Meeting which was due to a snow storm. His heart was set on making sure our First Nations and Inuit people were being provided with genuine, quality care. He ensured MMPHL's governing body was grounded in the traditional teachings and, as a result, he was always relied upon to do the opening and closing prayers at every Board Meeting. Speaking in his Cree language, Albert's prayers came from his heart which reminded us to be true and honest to ourselves and to each other.

The MMPHL staff, managers, and Board of Directors will always remember Albert's kindness, compassion, and the gratitude he showed for the work that we all do. We will never forget his great sense of humour and his big, beautiful smile. He would often tell jokes about how the Cree people were better than the Ojibway people which had everyone laughing in their seats. When asked how he was doing, Albert would often say, "Well…….. I'm full of sh^t and eff'd up but I'm ok!" That was his way of reminding us that we all have our troubles but we continue to move forward in life anyway.

MMPHL dedicates this ceremonial building in Albert Angus Moses Tait Sr.'s memory on this day September 17, 2021. Approved by his family and the Board of Directors, the building will be called the "White Thunderbird Lodge" (his traditional Cree name in English).

EXECUTIVE REPORT

It is my great pleasure to provide Mikaaming Mino Pimatiziwin Healing Lodge's (MMPHL) Annual General Meeting report for April 2021 to March 2022. In the report you will find a summary of activity undertaken by the lodge. MMPHL's Vision & Mission statements guide the messaging of hope and healing we strive to convey to those struggling with substance use/misuse. The Seven Sacred Teachings are the heart of the work that is done day to day. The mission, vision and seven sacred teachings combined with caring, supportive staff provides the foundation in which MMPHL strives to deliver services to our families.

Some highlights of the past year;

- Adult Community-Based Program Delivery
- Lands-Based Camp
- Prioritized Planning for Substance Use Stabilization Unit
- Gaps in Treatment Funding Increase
- Virtual Program delivery
- Return to Family Program

Due to the COVID-19 pandemic and community restrictions, MMPHL was not able to bring families into the community to attend the program. MMPHL offered its program to local, and as restrictions started to lift, surrounding communities to provide five – 4 week programs alternating women and men's cycles. During these cycles MMPHL had opportunity to take the participants out on the land to spend time in nature, learn about medicines and how interconnected everything is to the land. Participants and staff were able to utilize lands-based equipment purchased from the treatment funding increase. We did attempt to secure renting a campsite space to host activities for one cycle and it was a great learning opportunity. Unfortunately, it did not work out to continue at that particular site. We continue to look at options and develop and implement Lands-based activities into the program. We want to ensure lands-based delivery is safe, fun, and provides opportunity for learning and healing.

EXECUTIVE REPORT

It was evident during the adult cycles that there is a need for detox services for individuals to be physically comfortable to participate in any type of programming. As a result of our experience and learning, MMPHL continues to support staff to better recognize withdrawal symptoms, how best to support individuals experiencing withdrawal, and when to seek medical support. Further to this, MMPHL strongly recognizes the need for, and advocates for the development of a Stabilization Unit that is rooted in a culturally supportive environment and utilizes Indigenous ways of healing to support our relatives to safely detox.

April 30, 2021, MMPHL discontinued the Day Program that was operating out of the Pine Falls Hospital to prioritize and focus on development of the Substance Use Stabilization Unit. Huge amount of effort has gone into researching, advocating, communicating, and creating partnerships with various levels of government and health care providers in hopes of making this necessary resource a reality.

In November, 2021 the Board and management completed the Strategic Plan for 2022 -2026 with the following new priorities;

1. Public Relations & Communication,
2. Building our Bundle,
3. Infrastructure and Sustainability,
4. Evolution of Service Delivery Practices,
5. Health and Safety.

I am pleased to be part of the awesome work of the team at Mikaaming Healing Lodge. The management team, during this period, is worthy of acknowledgement for their leadership and thoughtful ways of being as they worked diligently to ensure staff were informed, safe and supported with what they needed to do their jobs. The past year's program schedule required many fast-paced adjustments due to COVID-19 closures and work from home orders; timely communication was essential. The staff are to be commended as they too demonstrated flexibility and commitment to carrying out their duties to support residents in the best way possible.

Miigwetch,

Kimberley Spence
Executive Director

MMPHL VIRTUAL PROGRAM SUMMARY

January 7, 2022 to February 7, 2022

Virtual Program Staff planning session: January 5, 2022.

Virtual Program Delivery Period: January 10 - February 4, 2022

See attachment for Virtual Program Schedule & counselling schedule

Confirmed 8 participants on January 7, 2022

- 2 participants withdrew January 17, 2022 due to dealing with other life matters

Total # of counselling sessions completed – **10**

Total # of counselling sessions cancelled by participants & reasons – **4**

- Participant indicated they did not want to miss afternoon session activity
- Participant did not respond to call back/check in by counselor x 2
- Participant was busy with childcare/privacy issues in the home

Total # of Counselor lead Topic Sessions completed: **16**

Total # of Cultural Teaching and Elder Resource Sessions completed: **11**

- **1** Tea time on Jan 21 cancelled due to internet technical issues/disconnection

Total # of Support Worker activity sessions completed: **13**

Total # of participant supply deliveries in Sagkeeng & local area -**13**

Total # of participant supply deliveries to Winnipeg - **8**

Total # of supply purchases - **5**

This report will cover a summary of admissions, program activity, participant evaluations and data outcomes.

During the period of April 1, 2021 to March 31, 2022, Mikaaming Mino Pimatiziwin Healing Lodge had a total of 8 residential program cycles; 2 Woman's cycles, 1 men's cycle, 3 family cycles, and 1 virtual cycle (due to another COVID community shut down):

Cycle 1: 6- week Woman's Program April 13, 2021- May 21, 2021

Cycle 2: 4- week Men's Program June 14, 2021- July 9, 2021

Cycle 3: 4- week Woman's Program July 19, 2021- August 13, 2021

Cycle 4: 6- week Family Program August 30, 2021- October 8, 2021

Cycle 5: 6- week Family Program November 1, December 10, 2021

Cycle 5: 4- week Virtual Program January 10, 2022- February 4, 2022 Grad on February 8, 2022

Cycle 6: 7- week Family Program February 21, 2022- April 8, 2022

With COVID-19 slowing down and vaccination stats going up, MMPHL decided to bring back the family program starting August 30, 2021 with a 6- week cycle. Participants were asked to self isolate prior to attending, family to be fully vaccinated according to age, and a negative COVID- 19 rapid test during intake. For the first 14 days of the program, staff conducted temperature and symptom checks daily to all participants. Staff and participants did their part in keeping everyone as safe as possible during this time.

Residential intake numbers from this reporting period:

Total Number of Admissions by Sex:

**The following data is collected from AMIS database system from the NNADAP Intake/ Referral Form, Levels of Care and Client demographic record*

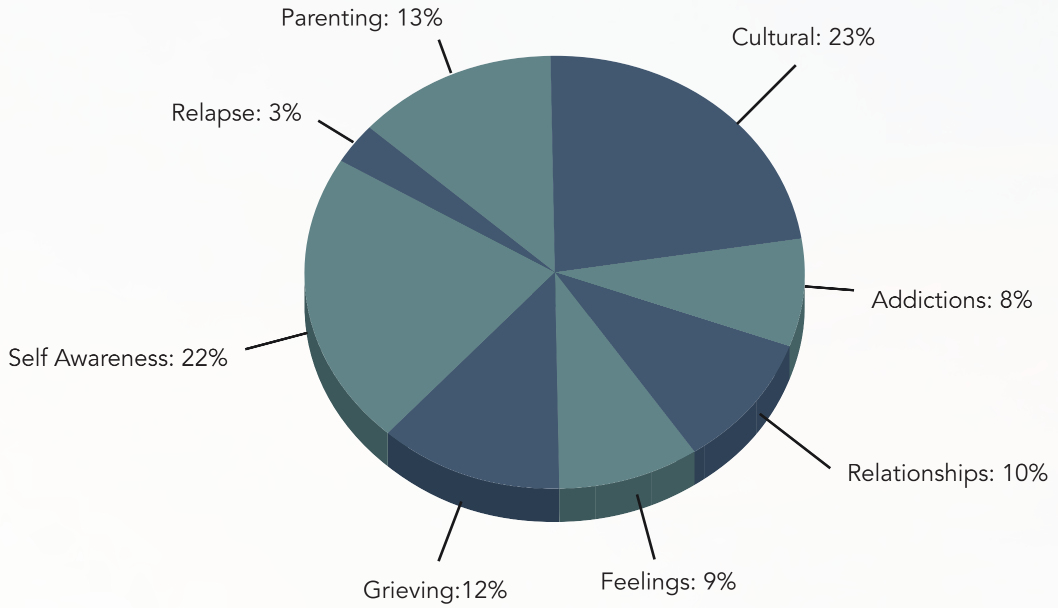
Total Number of admissions for periods starting 2021-04-01 and ending 2022-05-31			
	Males	Female	Combined
Inpatient admissions*	N=26	N=35	N=61

Beds Utilized for periods starting 2021-04-01 and ending 2022-05-31	
Centre Name	Occupancy Rate
Mikaaming Mino Pimatiziwin Healing Lodge	63%

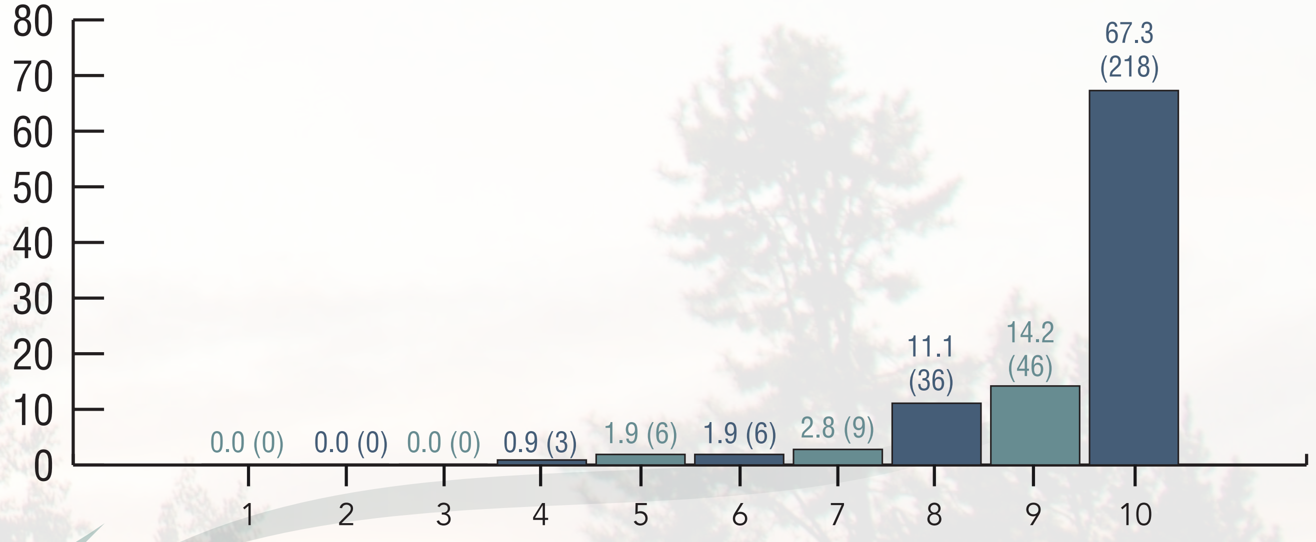
MMPHL Database: Post Session Evaluation

Participants attend 1 or 2 topic sessions daily Monday to Friday, then fill out an evaluation after every session. This following chart explains the type of session delivered

TYPES OF TOPIC SESSIONS



Participants are asked to "rate overall experience with the topic session you participated in today," (1 being dissatisfied and 10 being satisfied)

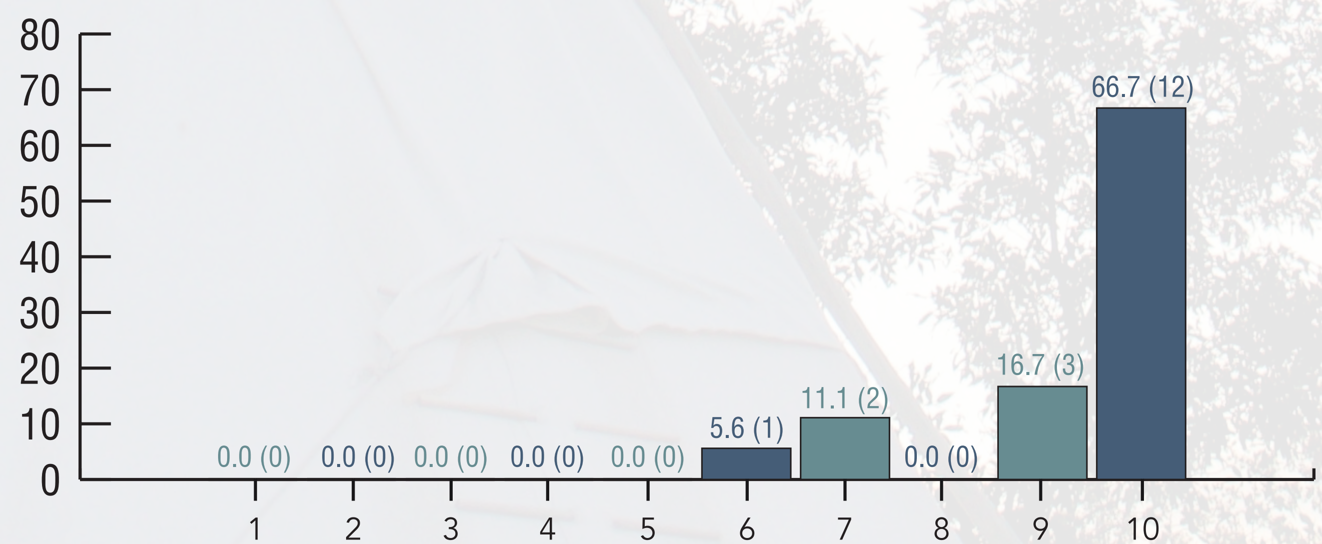


Mmphl Database: Final Questionnaire

Participants are asked to "rate your overall experience while staying at the Mikaaming Mino Pimatiziwin Healing Lodge (1 being dissatisfied and 10 being satisfied)"

When asked "What did you like best about the Lodge" they stated:

- All programs, activities, I enjoyed everything
- Being in the sweat, pipe ceremony, and talking to an Elder
- Getting to know the staff
- I honestly enjoyed every session, activity, and ceremony we participated in
- I like that I was able to open up a lot more then I usually do. It is sort of a comfortable environment
- I liked everything about the centre, the whole learning process about the culture and teachings, I learned to value like more.
- I liked that everybody, staff and participants are friendly, very friendly environment
- Shake tent ceremony, evening activities, camping trip, sweats, outings, rattle making.



RESIDENTIAL PROGRAM REPORT

The Mikaaming Mino Pimatiziwin Healing Lodge is incorporating more land based activities to the program. MMPHL took the participants out on the land and went to a cabins in Whiteshell and participated in fishing, getting a tour and teachings about the Petro forms, quadding and hiking the trails, and also some medicine teachings and picking. Some participants also went to a Land Based camp where they built tipi's and got tipi teachings, they worked on the land while having meditation teachings with one of our Sagkeeng community members. The Healing Lodge also purchased a side by side, a pontoon boat, quad, and a snow mobile to be able to make land based activities more accessible.

The MMPHL staff have participants create "Letters to the Next group." These letters are posted for the next families to read when they arrive. They can write about their own experiences, challenges they've had to face, or things they enjoyed during their stay in hopes to give the next participants motivation and encouragement. Here are some of the letters made recently:

~ Boozoo!! This treatment centre is a good place, good counselling, sweats, outings, and food. Phone time is good, just ask a counsellor if you can use their phone in their office and after 4 weeks you get phone time.

The first 2 weeks will be kind of hard because wake up call is at 7 am, breakfast at 8, class at 9:30. Days will go by fast just got to keep busy. Ask for the bear root tea in the mornings, it's good, helps clear the mind.

The sweats and teachings are great. The best part about being here is you get taught about culture, the things we didn't get taught as children.

The weeks will go by fast. People are good here, outings is good, always stay positive, just say to yourself, "I can do this," love your kids, smudge every day with your family, and take it easy.

Enjoy the stay, I did, my family enjoyed it here.

Peace and have a good stay, Meegwetch. ~

~ To the person who is reading this letter.

You have come this far. This is your journey. You may have many reasons for coming here.

This place is an awesome place. The support workers are here to help.

You and your children are in good hands. The programs they have are very helpful.

It may take a while to heal but this is a start.

If you need to cry, then cry.

If you need to yell, then yell.

Its all a part of healing.

Don't be afraid to ask for help, for any kind of help.

Your past and/or mistakes do not matter here; they help you heal from it. ~

~ Hello! I hope you are enjoying your time here, I did. I really liked the outings and the activities they had for us.

I had my husband and five kids with me here, and we really enjoyed our stay.

When we had movie nights in our suite, we would bring our mattresses out to the living room and enjoyed movies.

The reason I picked this treatment centre is because it's a traditional treatment centre.

So I learned more about the traditional stuff here.

I even got my three younger children the spirit name and I am very happy about that. But my family really like and enjoyed it here so much that we don't want to go back home.

So I hope you will too cause the people are very supportive, helpful, and kind.

Stay strong always, No matter what! ~

Another activity Participants do during their stay is creating "I am Declarations". This activity is part of the Self Esteem session. This Declaration gives the participant a strong sense of how they see themselves. At their graduation celebration, Participants are given the chance to share their declaration by reading it aloud to everyone. Here are a few "I am Declarations" made by previous participants:

~I am Courageous because I made that step to get help and never give up on myself.
I am a Beautiful being because I am learning, growing and developing each day.
I am a strong, brave Ojibway woman and I stand up for myself.
I am at peace with who I am, which gave me the power to change.
I am grateful for all I have in my life. ~

~ I am a strong woman because a strong woman raised me.
I am a kind person because it makes me who I am.
I am a resilient woman because I've had a hard past which I learned from.
I am a good mom because I put my baby first, to be the mother I wished for sober.
I am a beautiful woman because I love my mild, body and my soul.
I am and human striving for the good life.
I am not a victim, because I choose to be a survivor.
I am a good person because I choose to be sober to show my family there's more to life. ~

~I am a good mother because I take care of my children.
I am blessed to have 4 beautiful daughters.
I am confident because I took the step to better myself.
I am grateful because I am here and healthy today.
I an worthy because I matter to my daughters.
I am present because I am in control of my life.
I am successful because I achieved my health care aid certificate.
I am a strong Ojibway woman because I found myself.
I am Blue Thunder Bird woman of the bear clan. ~

Submitted by

Whitney Munro-Bruyere,
Treatment Manager

Background

The concept of a Substance Use Stabilization Unit was a part of the Mikaaming Mino Pimatiziwin Healing Lodge Inc. (MMPHL) initial Strategic Plan that began in the Spring of 2019. The Board of Directors and the management team identified establishing a substance use stabilization unit as an opportunity to strengthen the organization's capacity and services for our participants and families to support them in gaining control of substance use addictions.

There was an Expansion of Service Proposal developed to support the implementation and delivery of the Substance Use Stabilization Unit (SUSU) in the fiscal year 2021. This proposal was successful in receiving funding to begin moving forward with development and implementation of a Substance Use Stabilization Unit under the umbrella of the service provided by the Mikaaming Mino Pimatiziwin Healing Lodge Inc.

KEY PROGRAM DEVELOPMENT ACTIVITIES

Program Process and Policy Development Activities

A Stabilization Unit Nurse Manager was successfully recruited and started her employment with MMPHL on September 7, 2021. After an orientation to the MMPHL employee policies and programs, a site-visit to Eaglewood Addiction Complex, a Non-Medical Withdrawal Management Unit located in Thompson, Manitoba, was completed with the Executive Director and the Human Resource Manager on September 21, 2021. Site visits were also made to the Selkirk RAMM Clinic and Selkirk Crisis Stabilization Unit on December 7, 2021. A zoom meeting took place on February 7, 2022 with Prairie Mountain Health to share lessons learned on establishing the recently opened Detox Facility in Brandon Manitoba.

These activities were to ensure steps were taken to utilize both the best practice activities, and lessons learned on service delivery available. All organizations have been very supportive in accommodating any questions and sharing their developed resources, which included existing client forms for service delivery.

The program process, forms, and job descriptions have been drafted for review by the SUSU Project Team Clinical Sub-Committee. Guidelines for practice guidelines have been acquired for review and adoption for clinical practice guidance.

Location Development Activities

The management team initially worked with Interlake-Easter Regional Health Authority to identify a space that could work for the MMPHL Substance Use Stabilization Unit. The space identified as a potential site for the SUSU the lower part of the Pine Falls Health Complex.

The MMPHL Day Program had previously occupied part of the overall identified space, and this area did not require further renovations. The area that would require renovations to be functional as a Substance Use Stabilization Unit, was previously a physician's office space and examining rooms. Other renovation requirements included a divider to separate the service department of the Pine Falls complex from the potential SUSU.

Partnership and Networking Activities

MMPHL has established a Project Team Committee with IERHA management leads, Sagkeeng Health Centre, and AFM.

This partnership has allowed for regular discussion on the project's next steps and supports that are required from each partner. There have been two subcommittees established from the Project Team Committee; Logistics and Clinical.

The planning for supporting traditional healing methods in our program services is a vital part of our program development. We have hosted the Elders group staff from the Giigewigamig Traditional Healing Centre for an introduction meeting on November 4, 2021. We are looking forward to continued development of this relationship in the upcoming fiscal year.

Report Summary

The location and appropriate space has continued to be the issue for realization of a detox service for our membership. We are currently limited to leasing and renovating by our funding agreements on how we can secure a space for the unit.

We are committed to continuing to move forward with the vision of having a culturally safe healing space for our community, and family members to begin the steps to recovering from substance use addiction by advocating for assistance in establishing a Substance Use Stabilization Unit from the IERHA, Manitoba Health, and Indigenous Service Canada.

Submitted by

Caroline Sinclair RN,
Stabilization Unit Manager

HUMAN RESOURCE REPORT

Over the past year, the Mikaaming Mino Pimatiziwin Healing Lodge Inc. continued to face challenges related to the COVID-19 Pandemic. Maintaining our workforce despite on-going closures required implementation of reduced work hours, creation of staff cohorts and rotating schedules, working from home, and the use of online platforms to keep our teams informed and to provide virtual programming.

To meet our Canadian Accreditation Council Standards in staff development and training, we provided training on First Aid/CPR, Medication Administration, Infectious Disease Control, Continuous Quality Improvement, Self-harm, ASIST, Non-violent Crisis Intervention, Diversity and Cultural Awareness. Additional on-line training was made available to our staff through the Addictions Foundation of Manitoba, Crisis & Trauma Resource Institute, ACHIEVE Centre for Leadership and the Thunderbird Partnership Foundation.

The Mikaaming Mino Pimatiziwin Healing Lodge Inc. continued to support staff efforts to maintain their status of certified addictions workers despite work schedule disruptions by the COVID-19 Pandemic. The Healing Lodge also continued support for other training/education efforts such as Community Centered Therapy Program, Focussing Oriented Therapy, Health & Safety Committee Training, Administrative Support Training, and Management Training. The purpose of providing training and education opportunities is to enhance staff development, improve employee retention and to promote successful recruitment. The Mikaaming Healing Lodge turnover rate for 2021-22 was at 11%.

Our organization's most valuable asset is its employees. Employee wellness initiatives that are implemented on a regular basis result in lower absenteeism and presenteeism, therefore boosting workforce productivity. Workplace wellness programs at the Mikaaming Mino Pimatiziwin Healing Lodge Inc. include a complete benefits package as well as in-house access to wellness initiatives such as Reiki, Body-Talk, counselling, and staff sweats.

Mikaaming Mino Pimatiziwin Healing Lodge Inc. strives to offer competitive wages, room for advancement, staff appreciation incentives, opportunities for training, and a supportive Management Team.

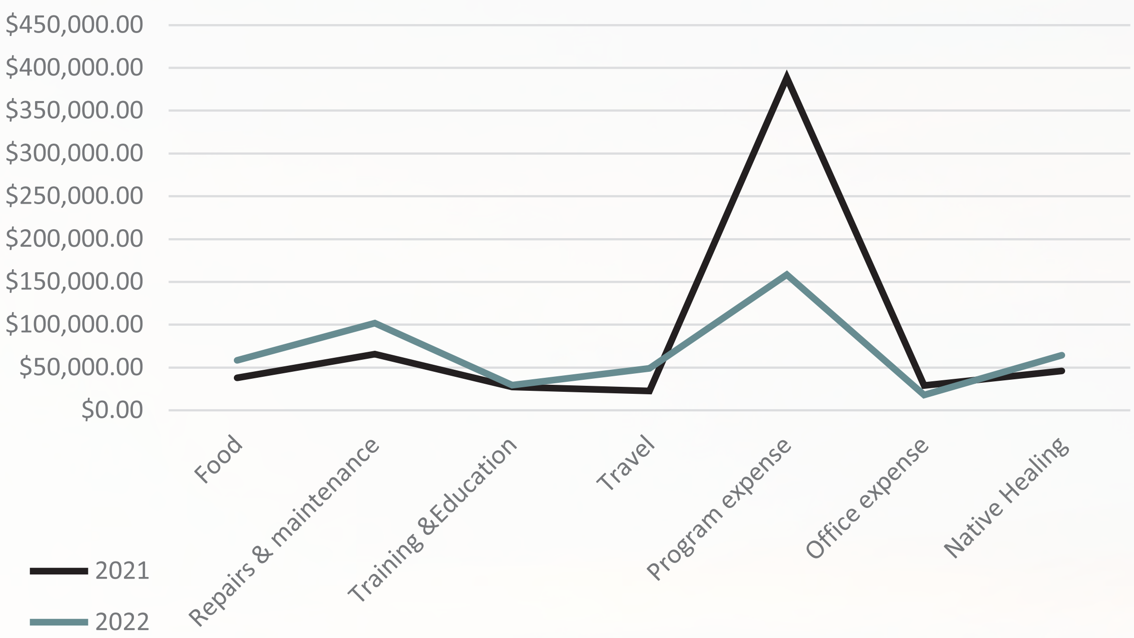
Submitted by

Esther Campbell,
Human Resource Manager

FINANCIAL SUMMARY 2021-2022

As shown in the Mikaaming Mino Pimatiziwin Healing Lodge (MMPHL) Financial Audit Statement of Operations, our total revenue for this fiscal year is $4,211,092. This includes our funding from First Nations and Inuit Health Branch, adjustments from prior years and other revenue from staff fundraising, gym rental, staff meals, and catering. Our total expense shows $3,299,689 leaving us with a surplus of $911,403.

Expenditures:



Explanations:

In this fiscal year, COVID-19 restrictions were changing which increased and decreased our budget in some areas compared to last year. The areas that decreased during this time were our Office Supplies and Program Expense. Due to COVID-19 restrictions not completely lifted, our Program Expense had less ceremonies, activities, outings, as well as our Day Program had come to an end.

Due to the ongoing Pandemic, MMPHL reduced its participant intake numbers to comply with Manitoba Provincial COVID-19 restrictions, and offered services to individuals instead of families. This change resulted in an increase to the Food & Native Healing Expenses from the previous year. Repairs & Maintenance Expense was also increased due to upgrading the Reception area & the Women and Men's bathrooms. Increases were also made to Staff Training & Education and Travel Expenses.

Submitted by

Wanda Alexander,
Office Manager

Mikaaming Mino Pimatiziwin Healing Lodge
Financial Statements
March 31, 2022

MNP LLP

AUDITED FINANCIAL STATEMENTS

Independent Auditor's Report

To the Board of Directors of Mikaaming Mino Pimatiziwin Healing Lodge:

Opinion

We have audited the financial statements of Mikaaming Mino Pimatiziwin Healing Lodge (the "Organization"), which comprise the statement of financial position as at March 31, 2022, and the statements of operations, changes in net assets and cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, the accompanying financial statements present fairly, in all material respects, the financial position of the Organization as at March 31, 2022, and the results of its operations and its cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations.

Basis for Opinion

We conducted our audit in accordance with Canadian generally accepted auditing standards. Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Statements section of our report. We are independent of the Organization in accordance with the ethical requirements that are relevant to our audit of the financial statements in Canada, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Responsibilities of Management and Those Charged with Governance for the Financial Statements

Management is responsible for the preparation and fair presentation of the financial statements in accordance with Canadian accounting standards for not-for-profit organizations, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, management is responsible for assessing the Organization's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the Organization or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Organization's financial reporting process.

Auditor's Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Canadian generally accepted auditing standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with Canadian generally accepted auditing standards, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Organization's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.

ACCOUNTING › CONSULTING › TAX
TRUE NORTH SQUARE
242 HARGRAVE STREET, SUITE 1200, WINNIPEG MB, R3C 0T8
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- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Organization's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Organization to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Winnipeg, Manitoba

July 24, 2022

MNP LLP

Chartered Professional Accountants

Mikaaming Mino Pimatiziwin Healing Lodge
Statement of Financial Position
As at March 31, 2022

	2022	2021
Assets		
Current		
Cash *(Note 3)*	**3,142,762**	2,181,820
Accounts receivable *(Note 4)*	**17,081**	13,168
Prepaids	**26,451**	17,564
	3,186,294	2,212,552
Capital assets *(Note 5)*	**2,815,048**	3,225,860
	6,001,342	5,438,412
Liabilities		
Current		
Accounts payable and accruals *(Note 6)*	**176,186**	151,557
Deferred contributions for capital assets *(Note 7)*	**2,577,400**	2,950,502
	2,753,586	3,102,059
Contingency *(Note 8)*		
Net Assets		
Net assets *(Note 10)*	**3,247,756**	2,336,353
	6,001,342	5,438,412

Approved on behalf of the Board of Directors

Director

Director

The accompanying notes are an integral part of these financial statements

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MNP LLP

AUDITED FINANCIAL STATEMENTS

Mikaaming Mino Pimatiziwin Healing Lodge
Statement of Operations
For the year ended March 31, 2022

	2022	2021
Revenue		
Indigenous Services Canada	**3,827,959**	3,322,299
Other revenue	**10,031**	7,826
Revenue deferred in prior period for capital asset	**4,902**	9,806
Revenue deferred to subsequent year for capital assets	**-**	(4,902)
Revenue deferred from prior year for renovation project	**2,945,600**	3,313,800
Revenue deferred to subsequent year for renovation project	**(2,577,400)**	(2,945,600)
	4,211,092	3,703,229
Expenses		
Accreditation	**7,127**	18,687
Amortization	**446,543**	450,186
Bank charges and interest	**5,706**	6,407
Board expenses	**56,872**	48,160
Covid-19	**-**	10,885
Classroom and daycare supplies	**4,279**	-
Consulting	**64,275**	65,249
Food	**58,515**	37,811
Insurance	**57,860**	47,297
Native healing	**64,269**	46,140
Office	**17,853**	28,845
Professional fees	**20,040**	27,511
Program expense	**158,630**	388,440
Promotion	**14,531**	36,332
Rent	**85,390**	63,516
Repairs and maintenance	**101,880**	65,755
Salaries and benefits	**1,969,024**	1,683,518
Telephone and utilities	**88,344**	85,150
Training and education	**29,554**	27,249
Travel	**48,997**	22,444
	3,299,689	3,159,582
Excess of revenue over expenses	**911,403**	543,647

The accompanying notes are an integral part of these financial statements

2

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Mikaaming Mino Pimatiziwin Healing Lodge
Statement of Changes in Net Assets
For the year ended March 31, 2022

	2022	2021
Net assets, beginning of year	**2,336,353**	1,792,706
Excess of revenue over expenses	**911,403**	543,647
Net assets, end of year	**3,247,756**	2,336,353

The accompanying notes are an integral part of these financial statements

AUDITED FINANCIAL STATEMENTS

Mikaaming Mino Pimatiziwin Healing Lodge
Statement of Cash Flows
For the year ended March 31, 2022

	2022	2021
Cash provided by (used for) the following activities		
Operating		
Excess of revenue over expenses	**911,403**	543,647
Amortization	**446,543**	450,186
Change in deferred revenue for renovation project	**(368,200)**	(368,200)
Change in deferred revenue for capital assets	**(4,902)**	(4,904)
	984,844	620,729
Changes in working capital accounts		
Restricted cash	**-**	74,394
Accounts receivable	**(3,913)**	35,795
Prepaids	**(8,887)**	(17,564)
Accounts payable and accruals	**24,629**	(188,948)
	996,673	524,406
Investing		
Purchase of capital assets	**(35,731)**	(218,600)
Increase in cash resources	**960,942**	305,806
Cash resources, beginning of year	**2,181,820**	1,876,014
Cash resources, end of year	**3,142,762**	2,181,820

The accompanying notes are an integral part of these financial statements

Mikaaming Mino Pimatiziwin Healing Lodge
Notes to the Financial Statements
For the year ended March 31, 2022

1. Incorporation and nature of the organization

Sagkeeng Mino Pimatiziwin Family Treatment Centre Inc. ("the Organization") was incorporated in the Province of Manitoba as a corporation without share capital on March 23, 2004 and began independent operations on November 1, 2004. On January 10, 2020, the Organization changed its name to Mikaaming Mino Pimatiziwin Healing Lodge. The Organization carried on its activities without pecuniary gain and with its mandate to treat families of First Nation and Inuit ancestry with substance abuse problems. The corporation is exempt from corporate taxation.

2. Significant accounting policies

These financial statements have been prepared in accordance with Canadian accounting standards for not-for-profit organizations as issued by the Accounting Standards Board in Canada and include the following significant accounting policies:

Cash

Cash includes balances with bank. Cash subject to restrictions that prevent its use for current purposes is included in restricted cash.

Revenue recognition

The Organization follows the deferral method of accounting for contributions. Restricted contributions are recognized as revenue in the year in which the related expenses are incurred. Unrestricted contributions are recognized as revenue when received or receivable if the amount to be received can be reasonably estimated and collection is reasonably assured.

Revenue received which is designated for capital purchases is deferred in the year of receipt and recognized annually at the same rate as amortization for the related assets.

Other revenue is recognized when services are provided and collectibility is reasonably assured.

Capital assets

Purchased capital assets are recorded at cost. Contributed capital assets are recorded at fair value at the date of contribution if fair value can be reasonably determined.

Amortization is provided using the straight-line method at the following rates intended to amortize the cost of assets over their estimated useful lives. No amortization is taken on assets under construction until the assets are in use.

	Rate
Automotive	6 years
Computer equipment	3 years
Equipment	5 years
Furniture and fixtures	10 years
Office equipment	5 years
Buildings and structures	10 years

AUDITED FINANCIAL STATEMENTS

Mikaaming Mino Pimatiziwin Healing Lodge
Notes to the Financial Statements
For the year ended March 31, 2022

2. Significant accounting policies *(Continued from previous page)*

Use of estimates

The preparation of financial statements in conformity with Canadian accounting standards for not-for-profit organizations requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities and disclosure of contingent assets and liabilities at the date of the financial statements, and the reported amounts of revenue and expenses during the reporting period.

Accounts receivable are stated after evaluation as to their collectibility and an appropriate allowance for doubtful accounts is provided where considered necessary. Amortization and deferred contributions for capital assets are based on the estimated useful lives of capital assets.

These estimates and assumptions are reviewed periodically and, as adjustments become necessary they are reported in operations in the periods in which they become known.

Long-lived assets

Long-lived assets consist of capital assets. Long-lived assets held for use are measured and amortized as described in the applicable accounting policies.

The Organization performs impairment testing on long-lived assets held for use whenever events or changes in circumstances indicate that the carrying value of an asset, or group of assets, may not be recoverable. Impairment losses are recognized when undiscounted future cash flows from its use and disposal are less than the asset's carrying amount. Impairment is measured as the amount by which the asset's carrying value exceeds its fair value. Any impairment is included in operations for the year.

Deferred revenue

Revenue is recognized as it becomes receivable under the terms of applicable funding agreements. Funding received under funding arrangements that relate to a subsequent fiscal period is reflected as deferred revenue on the statement of financial position in the year of receipt, and is matched with the related program expenses in the year of their occurrence.

Deferred contributions for capital assets

Deferred contributions for capital assets represent the unamortized portion of funding contributions for capital assets. Recognition of these amounts as revenue is deferred and recognized as revenue when the related capital assets are amortized.

Financial instruments

The Organization recognizes financial instruments when the Organization becomes party to the contractual provisions of the financial instrument.

Arm's length financial instruments

Financial instruments originated/acquired or issued/assumed in an arm's length transaction ("arm's length financial instruments") are initially recorded at their fair value.

At initial recognition, the Organization may irrevocably elect to subsequently measure any arm's length financial instrument at fair value. The Organization has not made such an election during the year.

The Organization subsequently measures investments in equity instruments quoted in an active market and all derivative instruments, except those designated in a qualifying hedging relationship or that are linked to, and must be settled by delivery of, unquoted equity instruments of another entity, at fair value. Fair value is determined by published price quotations. Investments in equity instruments not quoted in an active market and derivatives that are linked to, and must be settled by delivery of, unquoted equity instruments of another entity, are subsequently measured at cost less impairment. With the exception of financial liabilities indexed to a measure of the Organization's performance or value of its equity and those instruments designated at fair value, all other financial assets and liabilities are subsequently measured at amortized cost.

Transaction costs and financing fees directly attributable to the origination, acquisition, issuance or assumption of financial instruments subsequently measured at fair value are immediately recognized in excess of revenue over expenses. Conversely, transaction costs and financing fees are added to the carrying amount for those financial instruments subsequently measured at cost or amortized cost.

2. Significant accounting policies *(Continued from previous page)*

Related party financial instruments

The Organization initially measures the following financial instruments originated/acquired or issued/assumed in a related party transaction ("related party financial instruments") at fair value:

- Investments in equity instruments quoted in an active market
- Debt instruments quoted in an active market
- Debt instruments when the inputs significant to the determination of its fair value are observable (directly or indirectly)
- Derivative contracts.

All other related party financial instruments are measured at cost on initial recognition. When the financial instrument has repayment terms, cost is determined using the undiscounted cash flows, excluding interest, dividend, variable and contingent payments, less any impairment losses previously recognized by the transferor. When the financial instrument does not have repayment terms, but the consideration transferred has repayment terms, cost is determined based on the repayment terms of the consideration transferred. When the financial instrument and the consideration transferred both do not have repayment terms, the cost is equal to the carrying or exchange amount of the consideration transferred or received.

At initial recognition, the Organization may elect to subsequently measure related party debt instruments that are quoted in active market, or that have observable inputs significant to the determination of fair value, at fair value.

The Organization has not made such an election during the year, thus all such related party debt instruments are subsequently measured at amortized cost.

The Organization subsequently measures investments in equity instruments quoted in an active market and all derivative instruments, except those designated in a qualifying hedging relationship or that are linked to, and must be settled by delivery of, unquoted equity instruments of another entity, at fair value. Fair value is determined by published price quotations. Financial instruments that were initially measured at cost and derivatives that are linked to, and must be settled by, delivery of unquoted equity instruments of another entity, are subsequently measured using the cost method less any reduction for impairment.

Transaction costs and financing fees directly attributable to the origination, acquisition, issuance or assumption of related party financial instruments are immediately recognized in excess of revenue over expenses.

Financial asset impairment

The Organization assesses impairment of all its financial assets measured at cost or amortized cost. The Organization groups assets for impairment testing when available information is not sufficient to permit identification of each individually impaired financial asset in the group. Management considers whether the issuer is having significant financial difficulty in determining whether objective evidence of impairment exists. When there is an indication of impairment, the Organization determines whether it has resulted in a significant adverse change in the expected timing or amount of future cash flows during the year.

With the exception of related party debt instruments and related party equity instruments initially measured at cost, the Organization reduces the carrying amount of any impaired financial assets to the highest of: the present value of cash flows expected to be generated by holding the assets; the amount that could be realized by selling the assets at the statement of financial position date; and the amount expected to be realized by exercising any rights to collateral held against those assets.

For related party debt instruments initially measured at cost, the Organization reduces the carrying amount of the asset (or group of assets), to the highest of: the undiscounted cash flows expected to be generated by holding the asset, or group of similar assets, excluding the interest and dividend payments of the instrument; the present value of cash flows expected to be generated by holding the assets; the amount that could be realized by selling the assets at the statement of financial position date; and the amount expected to be realized by exercising any rights to collateral held against those assets.

For related party equity instruments initially measured at cost, the Organization reduces the carrying amount of the asset (or group of assets), to the amount that could be realized by selling the asset(s) at the statement of financial position date.

Any impairment, which is not considered temporary, is included in current year excess of revenue over expenses.

AUDITED FINANCIAL STATEMENTS

2. Significant accounting policies *(Continued from previous page)*

The Organization reverses impairment losses on financial assets when there is a decrease in impairment and the decrease can be objectively related to an event occurring after the impairment loss was recognized. The amount of the reversal is recognized in excess of revenue over expenses in the year the reversal occurs.

3. Cash

	2022	*2021*
Cash in bank	**3,046,871**	2,085,929
Redeemable GIC - maturing June 2022, earning interest at 0.35% (2021 - 1.20%).	**95,891**	95,891
	3,142,762	2,181,820

4. Accounts receivable

	2022	*2021*
Trade and other receivables	**15,057**	9,247
GST receivable	**2,024**	3,921
	17,081	13,168

5. Capital assets

	Cost	***Accumulated amortization***	***2022 Net book value***
Automotive	**253,522**	**169,043**	**84,479**
Computer equipment	**95,137**	**91,606**	**3,531**
Equipment	**773,693**	**719,282**	**54,411**
Furniture and fixtures	**316,119**	**292,998**	**23,121**
Buildings and structures	**3,905,996**	**1,264,344**	**2,641,652**
Office equipment	**58,255**	**50,401**	**7,854**
	5,402,722	**2,587,674**	**2,815,048**

	Cost	*Accumulated amortization*	*2021 Net book value*
Automotive	253,522	147,875	105,647
Computer equipment	89,428	89,225	203
Equipment	755,535	698,708	56,827
Furniture and fixtures	316,119	276,296	39,823
Buildings and structures	3,894,132	881,244	3,012,888
Office equipment	58,255	47,783	10,472
	5,366,991	2,141,131	3,225,860

Mikaaming Mino Pimatiziwin Healing Lodge
Notes to the Financial Statements
For the year ended March 31, 2022

6. Accounts payable and accruals

	2022	2021
Trade payables and accruals	**5,528**	434
Wages and vacation payable	**170,658**	151,123
	176,186	151,557

7. Deferred contributions for capital assets

	2022	2021
Balance, beginning of year	**2,950,502**	3,323,606
Revenue recognized during the year for capital assets	**(4,902)**	(4,904)
Revenue recognized during the year for renovation project	**(368,200)**	(368,200)
Balance, end of year	**2,577,400**	2,950,502

8. Contingency

The Organization is subject to funding recoveries according to its agreements with Indigenous Services Canada. Recoveries, if any, will be accounted for in the year of determination.

9. Commitments

The Organization has an occupancy agreement with the Sagkeeng First Nation for 5 years at an annual payment of $67,926 which expires April 1, 2025.

10. Net assets

Indigenous Services Canada provides funding for the operations of the Organization. Included in the funding provided is an amount specific to future replacement of eligible capital assets, referred to as moveable assets. As at March 31, 2021 the Organization had received $160,252 more (2021 - $136,232) than the related purchases of eligible moveable assets.

The table below reflects management's tracking of the Organization's net assets.

	2022	2021
Moveable asset funded reserve, beginning of year	**136,232**	149,451
Funding for moveable asset replacements	**52,100**	50,583
Eligible purchases	**(28,080)**	(63,802)
Moveable asset funded reserve	**160,252**	136,232
Unrestricted net assets	**2,849,856**	1,924,763
Invested in capital assets	**237,648**	275,358
Net assets, end of year	**3,247,756**	2,336,353

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Mikaaming Mino Pimatiziwin Healing Lodge
Notes to the Financial Statements
For the year ended March 31, 2022

11. Economic dependence

The Organization's primary source of revenue is through the federal government's Indigenous Services Canada. The funding can be cancelled if the Organization does not observe certain established guidelines. The Organization's ability to continue viable operations is dependent upon maintaining its right to follow the criteria within the federal government guidelines. The Organization believes that it is in compliance with the guidelines.

12. Financial instruments

The Organization, as part of its operations, carries a number of financial instruments. It is management's opinion that the Organization is not exposed to significant interest, currency, credit, liquidity or other price risks arising from these financial instruments.

13. Significant event

There was a global outbreak of COVID-19 (coronavirus), which has had a significant impact on businesses through the restrictions put in place by the Canadian, provincial and municipal governments regarding travel, business operations and isolation/quarantine orders. At this time, it is unknown the extent of the impact the COVID-19 outbreak may have on the Organization as this will depend on future developments that are highly uncertain and that cannot be predicted with confidence. These uncertainties arise from the inability to predict the ultimate geographic spread of the disease, and the duration of the outbreak, including the duration of travel restrictions, business closures or disruptions, and quarantine/isolation measures that are currently, or may be put, in place by Canada and other countries to fight the virus.

14. Comparative figures

Certain comparative figures have been reclassified to conform with current year presentation.

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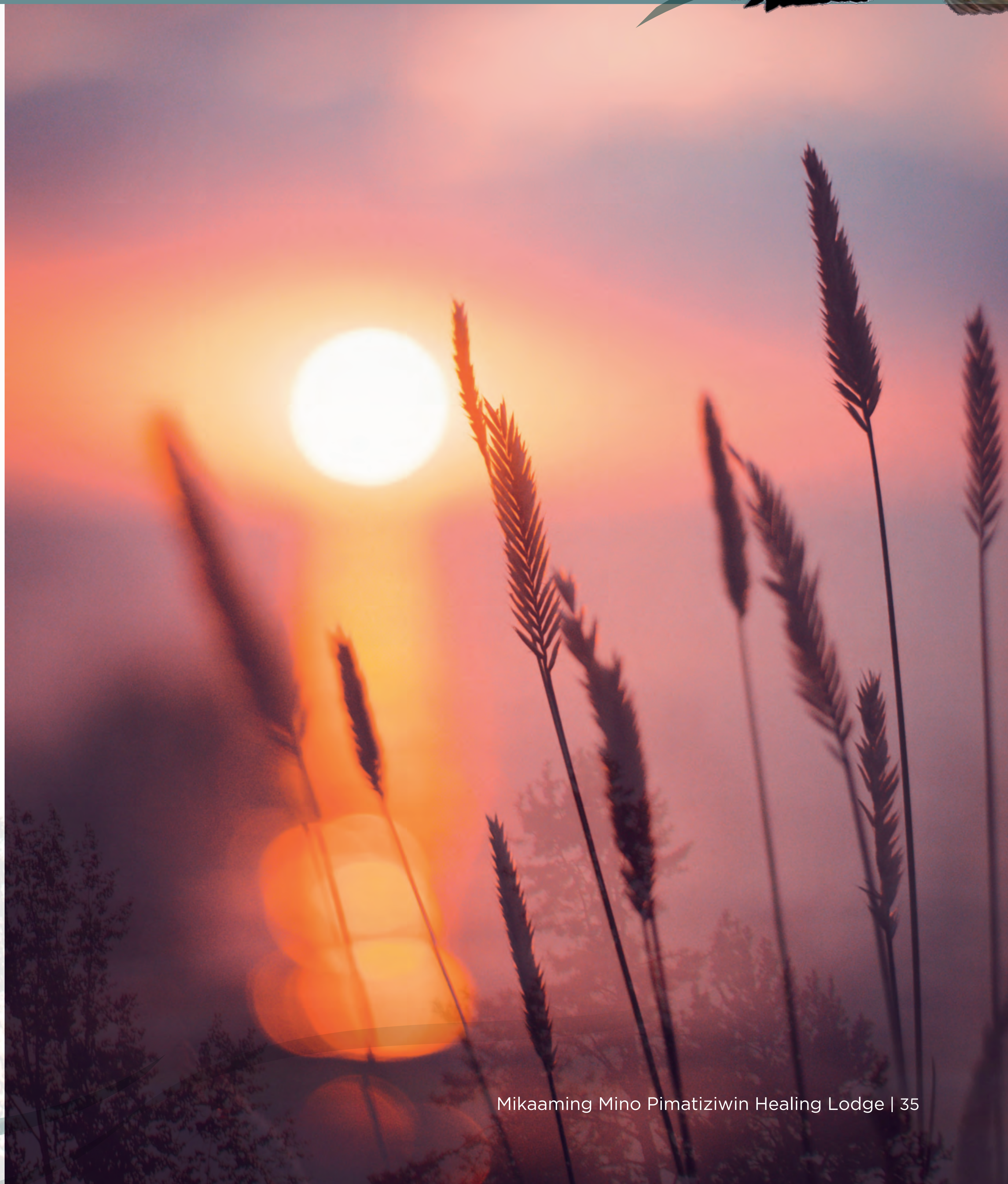
7 Week Residential Program	January 4, 2023 – February 16, 2023
Training	February 21, 2023 – February 24, 2023
7 Week Residential Program	February 28, 2023 – April 13, 2023
Staff/BOD Development Week	April 17, 2023 – April 21, 2023
7 Week Residential Program	April 25, 2023 – June 8, 2023
7 Week Residential Program	June 13, 2023 – July 27, 2023
2-Week Vacation	July 31, 2023 – August 11, 2023
7 Week Residential Program	August 15, 2023 – September 28, 2023
1-Week Vacation	October 2, 2023 – October 6, 2023
Training	October 10, 2023 – October 13, 2023
7 Week Residential Program	October 17, 2023 – November 30, 2023
Training	December 4, 2023 – December 8, 2023
Training	December 11, 2023 – December 15, 2023
AGM/Open House	December 14, 2023
Christmas Closure	December 18, 2023 – January 1, 2024
7 Week Residential Program	January 3, 2024 – February 15, 2024



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